



**INTERMEDIATE MOISTURE
SWEETENED DRIED CRANBERRIES**
UPC # 98001,97302, 98020
NUTRITIONAL ANALYSIS

Per 100 grams

Calories	331.7
Calories from Fat	4.5
Total Carbohydrates	88.70 g
Sugars	65.0 g
Dietary Fiber	8.73 g
Protein	<0.10 g
Total Fat	0.50 g
Saturated Fat	< 0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	10.50 g
Ash	0.20 g
Vitamin A	0 mg
Vitamin C	<1.00 mg
Calcium	10.0 mg
Iron	0.53 mg
Copper	0.08 mg
Magnesium	4.70 mg
Niacin	0.99 mg
Phosphorus	7.80 mg
Potassium	40.20 mg
Riboflavin	0.016 mg
Sodium	3.20 mg
Thiamin	0.007 mg
Zinc	0.11 mg

This analysis represents an average sampling.

June 2015