



DICED AND DOUBLE DICED SWEETENED DRIED CRANBERRIES
UPC 94540, 94673
NUTRITIONAL ANALYSIS

Per 100 grams

Calories	363
Calories from Fat	6.57
Total Carbohydrates	89.06 g
Sugars	79.11 g
Dietary Fiber	7.55 g
Protein	0.41 g
Total Fat	0.73 g
Saturated Fat	0.13 g
Trans Fat	0.01 g
Cholesterol	0 mg
Moisture	10.00 g
Ash	0.12 g
Vitamin A	52.85 IU
Vitamin C	3.90 mg
Calcium	6.54 mg
Iron	0.16 mg
Copper	0.04 mg
Magnesium	3.87 mg
Niacin	0.10 mg
Phosphorus	7.65 mg
Potassium	55.03 mg
Riboflavin	0.03 mg
Sodium	4.86 mg
Thiamin	0.02 mg
Zinc	0.12 mg

This analysis represents an average sampling. JAN 2015

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