



CHOICE SWEETENED DRIED CRANBERRIES

UPC # 94613, 98005, 00152, 03479, 98021

NUTRITIONAL ANALYSIS

Per 100 grams

Calories	340.50
Calories from Fat	4.96
Total Carbohydrates	83.68 g
Sugars	72.75 g
Dietary Fiber	4.81 g
Protein	0.24 g
Total Fat	0.55 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	15.55 g
Ash	0.05 g
Vitamin A	< 35 IU
Vitamin C	1.00 mg
Calcium	4.43 mg
Iron	0.09 mg
Copper	0.02 mg
Magnesium	1.89 mg
Niacin	0.02 mg
Phosphorus	3.30 mg
Potassium	12.60 mg
Riboflavin	0.08 mg
Sodium	4.24 mg
Thiamin	0.01 mg
Zinc	0.03 mg

This analysis represents an average sampling.

Ocean Spray Cranberries Ingredient Technology Group

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