



**DICED CHOICE SWEETENED DRIED CRANBERRIES**

UPC # 94639

**NUTRITIONAL ANALYSIS**

Per 100 grams

Calories	363
Calories from Fat	5.22
Total Carbohydrates	89.13 g
Sugars	77.49 g
Dietary Fiber	4.81 g
Protein	0.26 g
Total Fat	0.58 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	10.0 g
Ash	0.05 g
Vitamin A	< 35 IU
Vitamin C	1.00 mg
Calcium	4.43 mg
Iron	0.09 mg
Copper	0.02 mg
Magnesium	1.89 mg
Niacin	0.02 mg
Phosphorus	3.30 mg
Potassium	12.60 mg
Riboflavin	0.08 mg
Sodium	4.24 mg
Thiamin	0.01 mg
Zinc	0.03 mg

This analysis represents an average sampling. Jan 2015

**Ocean Spray Cranberries Ingredient Technology Group**  
 One Ocean Spray Drive, Lakeville/Middleboro, MA 02349  
 Telephone: 508-946-1000 Fax: 508-946-4594